

THE DEPARTMENT OF SOCIOLOGY AND ANTHROPOLOGY

Certificate in Applied Gerontology

Name _____ Patron ID _____

Students desiring to pursue the one year Certificate in Applied Gerontology must complete the following required Core and Elective Courses. **Please Note: Students must also complete the required prerequisites to the upper division courses. Students must fill out an Application for Certificate Evaluation after completion of 85 s.h.**

PREREQUISITES REQUIRED FOR CORE AND ELECTIVE COURSES		SH	GR
SOCIO 1500 (Introduction)	Required for upper division Sociology courses & FNUTR 3720 and/or ANTHR 3790	3	
PSYCH 1560 (General)	Required for PSYCH 3757, 4857, and 3780	3	
SCWK 1510 (Introduction)	Required for SCWK 3730	3	

REQUIRED CORE COURSES		SH	GR
SOCIO 3703	Aging and Society (P)	3	
SOCIO 4801	Later Life Issues (P)	3	
PSYCH 3757	Adult Development & Aging (P)	3	
PSYCH 4857	Biopsychosocial Aspects of Health and Aging (P)	3	
FIELD WORK IN GERONTOLOGY		SH	GR
SOCIO 4821	Internship in Sociology (P) (Junior Standing and 9 s.h. in Sociology) (Required for all other majors except Psychology) OR	3	
PSYCH 3790	Fieldwork in Psychology (P) (9 s.h. in Psychology) (Open only to Psych. Majors)	2 +1	
Subtotal of Hours:		15 s.h.	

ELECTIVES (Students select 6 s.h. of electives from the following courses)			
		SH	GR
SOCIO 3755	Theories of Gerontology (P)	3	
SOCIO 3756	Aging and Ethnicity (P)	3	
SOCIO 3757	Aging and Social Policy (P)	3	
SOCIO 3759	Sociology of Dementia (P)	3	
SOCIO 4803	Sociology of Aging (P)	3	
ANTHR 3790	Aging and Cross Cultural Perspectives(P)*	3	
FNUTR 3720	Nutrition, Health & Aging (P)	3	
HPES 4870	Exercise and Aging for Health Professions (P) (Senior Standing and/or permission of the Department Chair)	3	
PSYCH 3780	The Psychological Aspects of Disease and Death (P)	3	
SCWK 3730	Social Services for the Aged (P)	3	
Total Semester Hours		21 s.h.	
NOTE: Students who are pursuing the Certificate in Applied Gerontology must maintain a "C" or better in all course work and cannot take a course on a "CR/NC" basis.			

Gerontology Course Descriptions

Prerequisite Courses

SOCIO 1500. Introduction to Sociology. An introduction to the science of human societies and groups; analysis of the structures, functions, and processes that bring about changes in societies, groups, communities, classes, and institutions. 3 s.h.

PSYCH 1560. General Psychology. An examination of scientific and clinical approaches to understanding the relationships between one's physical, mental, and emotional well-being, and quality of life, including the basic principles governing the growth and maintenance of behavior, emotion, and cognition. 3 s.h.

SCWK 1510. Introduction to Social Work. An overview of the values, systems, policy, theories and concepts central to the profession of social work. This course will also review roles, licensure requirements and history of the social work profession. This is the first course orienting students to the social work profession. Prereq: SOCIO 1500 3 s.h.

Sociology Courses

SOCIO 3703. Aging and Society. A multidisciplinary introduction to the studies in aging. Examines the impact of population aging and its effect on the society at large. Individual aging processes as well as the social significance of aging. Prereq: SOCIO 1500. 3 s.h.

SOCIO 3755. Theories of Gerontology. Review and critical analysis of current theories of the social aspects of aging, and their use in research. Prereq.: SOCIO 1500. 3 s.h.

SOCIO 3756. Aging and Ethnicity. Study of aging in various American subcultures, noting differences in status/role systems, demographic distributions, life styles, methods of dealing with the aged, and related problems. Prereq.: SOCIO 1500 3 s.h.

SOCIO 3757. Aging and Social Policy. Critical examination of the social policies and social systems which affect aging and retirement. Prereq.: SOCIO 1500 3 s.h.

SOCIO 3759. Sociology of Dementia. The understanding of the nature, causes, symptoms, and social consequences of dementia. Attention to status of aging, and to the status of those who suffer from dementia in contemporary society. Prereq.: SOCIO 1500 3 s.h.

SOCIO 4801. Later Life Issues. An examination of contemporary issues and concerns in later life, among the elderly. Topics will include family relations, finances, entitlements, Social Security, quality of life, euthanasia, etc. Prereq.: SOCIO 3703 3 s.h.

SOCIO 4803. Sociology of Aging. Examination of major social institutions such as the family, state, religion, education and economy as they relate to the elderly. Prereq.: SOCIO 3703 3 s.h.

SOCIO 4821. Internship. Application of sociological knowledge in settings such as social agencies, government offices, hospitals, nursing homes, correctional facilities, and industry. Maximum of 6 s.h. may be applied to the Sociology major. Prereq.: Junior standing and at least 9 s.h. of Sociology, and permission of chairperson. 3–9 s.h.

Anthropology Courses

ANTHR 3790. Aging in Cross-Cultural Perspectives. Examines the phenomenon of aging from a cross-cultural perspective with particular emphasis on cultural evolution and its impact on the status, roles and cultural values associated with aging and the aged. Prereq.: SOCIO 1500 or ANTHR 2602 3 sh.

Psychology Courses

PSYCH 3757. Developmental Psychology 3 (Adult). A study of human development from adulthood through old age. Prereq.: PSYCH 1560 3 s.h.

PSYCH 3780. Psychological Aspects of Disease and Death. The primary factors affecting an individual's attitude toward illness, bereavement, and mortality. The psychological and physiological aspects of disease processes and death. Prereq.: PSYCH 1560 3 s.h.

PSYCH 3790. Fieldwork in Psychology. Work in a community agency or organization. The work is supervised and evaluated on site. A paper is required which integrates the work experience with background reading. A maximum of 2 s.h. may be applied to the Psychology major. One s.h. for each 3 hours of field work per week. May be repeated up to 4 s.h. Prereq.: 9 s.h. in Psychology 1–2 s.h.

PSYCH 4857. Biopsychological Aspects of Health and Aging. Broad overview of development and change across the adult lifespan, focusing on an examination and understanding of biological aging and how they affect functioning, adjustment, and wellness. Distinction between primary aging (normal, universal biological changes) and secondary aging. (disease, lifestyle-determined changes) will be made. Prereq.: PSYCH 3757 3 s.h.

Food and Nutrition Courses

FNUTR 3720. Nutrition, Health and Aging. This course will explore current knowledge of nutrition as it relates to overall health and human aging. Prereq.: SOCIO 1500 3 s.h.

Human Performance and Exercise Courses

HPES 4870. Exercise and Aging for Health Professions. For majors in Gerontology/Health Professions who work with older adults in exercise/physical activity programs. Emphasis on physical aspects/limitations of aging, exercise testing, prescription, and programs for the elderly. Not applicable to the major in Exercise Science. Prereq.: Senior standing or permission of instructor. 3 s.h.

Social Work Courses

SCWK 3730. Social Services and the Aged. An empirical and analytical base for understanding the policies, problems, and trends in services for the aged. Prereq.: SCWK 1510 3 s.h.

